

PODIATRIC SERVICES DECREASE HOSPITALIZATIONS AND HEALTHCARE COSTS FOR PEOPLE WITH DIABETES



NEW YORK STATE
PODIATRIC MEDICAL
ASSOCIATION

New York's Only Foot Specialists Since 1895

New York prioritized diabetes as one of the 14 chronic conditions included in the Delivery System Reform Incentive Plan (DSRIP) program's value based payment chronic care bundle arrangement.¹ Additionally, the New York State Prevention Agenda focuses on chronic disease management.²

Podiatrists provide critical services to individuals with diabetes that decrease hospitalizations and healthcare costs. In New York, approximately 2 million people have diabetes.³ Foot ulcers in diabetic patients precede more than 8 in 10 non-traumatic amputations.⁴ Podiatric services for diabetic patients with foot ulcers prevent infection and amputation while improving function and quality of life.

Podiatry helps diabetic patients improve their quality of life by allowing them to effectively manage diabetic foot ulcers

New York State Podiatric Medical Association contracted with Navigant Consulting to quantify the value of podiatric services in helping reach healthcare goals. Results of this analysis demonstrate decreased hospitalizations and lower healthcare costs for individuals with a diabetic foot ulcer who see a podiatrist compared to those who do not receive podiatric intervention⁵:



37 percent reduction in the odds of a subsequent inpatient admission among persons diagnosed with foot ulcers who received services performed by a podiatrist



Savings opportunity of approximately \$510 Million in healthcare costs in one year

Inclusion of comprehensive podiatric services in value based payment arrangements results in

Placeholder – Case Study

¹https://www.health.ny.gov/health_care/medicaid/redesign/dsrp/docs/1st_annual_update_nystate_roadmap.pdf

² https://www.health.ny.gov/prevention/prevention_agenda/2013-2017/

³ American Diabetes Association. The Burden of Diabetes in New York. Available at: <http://main.diabetes.org/dorg/PDFs/Advocacy/burden-of-diabetes/new-york.pdf>

⁴ Sumpio et al: The role of interdisciplinary team approach in the management of the diabetic foot. J Vasc Surg, 2010;51:1504-6.

⁵ New York State Podiatric Medical Association Podiatric Services Deliver Value and Improved Health Outcomes

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reduced diabetes-related hospitalizations and lower healthcare costs.

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